



13.05.2023

**PRESS NOTE**

**CBSE POST- RESULT ANNUAL PSYCHOLOGICAL COUNSELLING STARTS  
FROM 13<sup>th</sup> MAY TO 27<sup>th</sup> MAY, 2023**

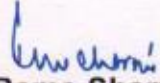
With the announcement of CBSE Results, **CBSE will start psychological service from 13<sup>th</sup> May, 2023 and continue till 27<sup>th</sup> May, 2023 from 9.30 am to 5.30 pm, (Monday to Saturday). For the last 25 years, CBSE has been providing counselling services to students and parents to overcome common psychological problems related to exams and results in two phases respectively.**

**CBSE Tele-Helpline- 2<sup>nd</sup> Phase**

During the 2<sup>nd</sup> Phase, a total of **59** Principals, trained counsellors, and special educators from CBSE affiliated government and private schools and psychologists will be available for Tele-Counselling. Out of these, **53** are from India, while **06** experts are from United Arab Emirates and Oman.

**Centralized Toll Free Access in India**

**Students can dial a toll free number 1800-11-8004 from any part of the country** which will give centralized access to CBSE tele-counselling Helpline, information and helpful tips to parents and students in case of result related anxiety or stress. The 'Counselling' link on CBSE website also provides helpful information and help to stakeholders in multiple ways.

  
(Rama Sharma)  
Director (Media & PR)

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