



# केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

**CENTRAL BOARD OF SECONDARY EDUCATION**

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



**CBSE/ACAD/JS(AM)/2023**

**8<sup>th</sup> August 2023**

**Circular No. Acad-89/2023**

All Heads of the Schools affiliated with CBSE

**Subject: Adolescent Peer Educators Leadership in Life Skills, Health and Wellbeing - Registrations for Fourth Phase of Training Programs**

Dear Principal

The Central Board of Secondary Education had launched the Adolescent Peer Educators Leadership in Life Skills, Health and Wellbeing program on 23rd November 2021. The Board has taken the initiative to launch and support this program in partnership with Expressions India. Since then 78 batches of online trainings have been completed in which 7536 students and 3768 Teacher Mentors from 1915 schools have been trained.

The primary aim of the program is to enhance the physical, mental, and interpersonal capabilities of senior students, designated as Peer Educators, along with the School Counsellors or 1-2 Nodal teachers chosen by the school. This capacity-building initiative seeks to ensure the effective implementation of Life Skills Education within schools. The students who undergo this training form the School's Master Trainer Group, responsible for conducting Life Skills orientation programs for other members within their own school and neighboring schools.

In this context, the Board has released the following circulars:

Circular No.	Date	Link
Acad-116/2021	17.11.2021	<a href="https://cbseacademic.nic.in/web_material/Circulars/2021/116_Circular_2021.pdf">https://cbseacademic.nic.in/web_material/Circulars/2021/116_Circular_2021.pdf</a>
Acad-45/2022	08.04.2022	<a href="https://cbseacademic.nic.in/web_material/Circulars/2022/45_Circular_2022.pdf">https://cbseacademic.nic.in/web_material/Circulars/2022/45_Circular_2022.pdf</a>
Acad-31/2023	08.02.2022	<a href="https://cbseacademic.nic.in/web_material/Circulars/2023/31_Circular_2023.pdf">https://cbseacademic.nic.in/web_material/Circulars/2023/31_Circular_2023.pdf</a>

## Fourth Phase of the Training Program

The Board will start the Fourth phase of the online training program in the month of **October 2023**. The schools are requested to send their nominations as per the following guidelines:

- Nominate four senior students (Peer Educators) - two each from class IX and XI to



'शिक्षा सदन', 17 राऊज़ एवेन्यू, इंस्टीट्यूशनल एरिया, नई दिल्ली-110002  
'Shiksha Sadan', 17, Rouse Avenue, Institutional Area, New Delhi - 110002





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participate in the comprehensive orientation program.

- Also nominate one Teacher and the School Counselor/Wellness Teacher to support the 4 peer educators.

**\*Note:** The school can register four students from class IX in case the school is affiliated till X.

While nominating the representative Peer Educators Team, please ensure that all the team members have the following:

1. Enthusiasm and commitment for teamwork
2. Good communication skills and empathy for peers
3. Ability to model and lead appropriate behavior for others
4. Zeal for knowledge and sensitivity towards health and well-being issues

### How to Register

- Participating schools are required to fill up the online registration form available at the link <https://forms.gle/eNNS3MfgcsCLQTLr9>
- A brief note (400 words) of the online activities being carried out by the school for the promotion of **Life Skills, Holistic Health and Wellbeing** should also be submitted along with the registration form.
- The **last date** for filling the online registration form is **10<sup>th</sup> September 2023**. Only online registration forms will be acceptable.

### Number of schools per program

- Around 50 schools shall be enrolled per training program. The schedule of these trainings shall be informed to the respective schools. Certificate of Participation (e-certificate) will be awarded to the participating Students and Teachers.

School Heads are urged to actively promote and support the participation of students, teachers, and counsellors in fostering a continuous climate of life skills education within their schools. By encouraging their involvement, schools can create a dynamic and sustainable environment that emphasizes the importance of life skills development for the holistic growth of students. This collective effort will contribute to the overall well-being and success of the school community.

For further queries, please mail at [peerlifefskills@gmail.com](mailto:peerlifefskills@gmail.com)

Dr. Joseph Emmanuel  
Director (Academics)



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**Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:**

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed JeetSingh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001
5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791 111
10. The Director of Education, VIP Road, Junglighat, Port Blair, Andaman & Nicobar Island-744103,
11. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector -3, Rohini, Delhi
12. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
13. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
14. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
15. All Joint Secretary/ Deputy Secretary/ Assistant Secretary/ SPS / Analyst, CBSE
16. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
17. In charge IT Unit with the request to put this Circular on the CBSE Academic Website
18. In-Charge, Library
19. DS to Chairperson, CBSE
20. SPS to Secretary, CBSE
21. SPS to Director (Academics), CBSE
22. SPS to Director (Information Technology), CBSE
23. PPS to Controller of Examinations, CBSE
24. SPS to Director (Skill Education), CBSE
25. PS to Director (Training), CBSE
26. PPS to Director (Professional Examinations), CBSE
27. PPS to Director (CTET), CBSE
28. SPS to Director (EDUSAT), CBSE
29. PA to Director (Media & Public Relations), CBSE
30. Record File

**Director (Academics)**



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